

Outdoor Education Student Application Form

Thanks for your interest in participating in the Outdoor Education course next year! Please return this application to Ms. Middleton in Room 102 no later than Friday March 9, 3:15pm.

Name: _____

P1 Teacher: _____

1. Why do you want to take Outdoor Education?

2.a) Outdoor Ed class is run in the mornings BEFORE the regular school day. You will have class once a week from 7:30am -8:40am. It is a course that relies on a lot of group work, pre-trip planning and theory in order for trips to run safely and be enjoyable. Do you commit to excellent attendance and being on time for these early morning classes? (Circle one)

Yes

No

b) Are there any extra-curricular commitments that you participate in which may conflict with these class times?

c) When I look at the attendance record for the current year, what sort of trend will I notice for you? Please explain.

3. List any previous outdoor recreation experience/skills/certifications you have (from family trips, summer camp trips, Scouts, Guides...etc).

4. a) On a scale of 1 to 4, circle your level of physical activity outside of a phys ed class.

1	2	3	4
Couch potato. Exercise may very likely kill me.	Can do daily tasks – walk to school (less than 20 min daily), but would find more difficult.	Recreational / fairly active. Do regular physical activity outside of school.	A fitness fiend, a well-oiled machine.

b) What type (kind and duration) of physical activity do you do on a regular basis to maintain your fitness level?

5. Outdoor Education involves a great deal of team work. List what qualities are needed for an effective team or group. **From this list that you've just written, which qualities do you possess and practice on a daily basis?**

6. How do you intend to deal with the regular school work you will miss as a result of your participation in the Outdoor Education course?

7. a) Are you registered to take **AMR 20** (Early Morning Band Repertoire or Orchestra) course as well as Outdoor Ed? (circle one)

Yes

No

b) If yes, which one (band or orchestra) are you registered for next year? _____

